



ST EDWARD'S
PREP SCHOOL FOR BOYS

Swimming at St Edward's

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SWIMSTRENGTH



The St Edward's Water Safety Awards



Swimming in schools

- Today, the Department for Education (DfE) is officially launching a new drive to support swimming and water safety skills in Key Stage 2.
- Responding to the fact that many children fail to meet the national curriculum targets of basic swimming and water safety at primary school, there is a renewed government focus on this area

St Edward's Water Safety Awards

- Boys from Reception to Year 4 will have the opportunity to work their way through the new Water Safety Levels
- There are 6 levels in total
- Each level comprises between 9 and 10 elements
- Once all the elements are complete then you will pass that level and receive a certificate.

St Edward's Water Safety Awards

- When you pass your Level 6 Award, you will then receive a badge as you will now be St Edward's Water Safe.
- When Level 6 is clear you get the chance to move onto the STA (Swimming Teacher Awards) which will focus more on the techniques of swimming and different distances.

Example of a level

Level 1:

1. Can enter the pool safely and confidently with adult supervision and support
2. Move around the pool with adult support
3. Can blow bubbles in the water
4. Confidently get face wet
5. Gain a position on front with adult support
6. Gain a position on back with adult support
7. Star float on back – With noodle and teacher support if required
8. Star float on front – with noodle, head not necessarily in the water
9. Take part in games in the water

Once the Safety Awards are complete you then move on to STA Award Level 1,2 and 3. They will involve the Meter Badges for all the different strokes.

