

Lunch menu week one

Available every day

Seasonal soup
with croutons, fresh herbs,
toppings and freshly baked bread

Everyday salads
big bowl salad, tomato, cucumber, peppers,
grated carrot, boiled eggs,
mixed leaves, sweetcorn

Fruit bar
selection of bananas, apples,
satsumas, melon and mixed grapes

Yoghurt bar
selection of natural yoghurt,
seeds and dried fruits

Jacket potato bar
hot jacket potatoes
with a choice of fillings

**Please see daily menu boards
for ALL allergens**

Monday

Main Meal
Pasta Bar; Quorn Bolognaise,
Marinara Sauce, Pesto Cream

Vegetarian Meal
Oven Baked Mac & Cheese

Sides
Peas & Sweetcorn

Dessert
Mini Blueberry Muffins

Tuesday

Main Meal
Panko Breaded Chicken, Garlic Butter with
Baby New Potatoes

Vegetarian Meal
Pan Fried Southern Fried Quorn Roast
with Baby New Potatoes

Sides
Green Beans with Red Onion,
Honey Roasted Carrots

Dessert
Sicilian Lemon Cheesecake

Wednesday

Main Meal
Roast Leg of Pork &
Yorkshire Pudding

Vegetarian Meal
Mushroom & Brie Wellington

Sides
Broccoli, Roast Potato,
Roasted Root Vegetables

Dessert
Jam Sponge & Custard

Thursday

Main Meal
Homemade Beef Burger
with Hand Cut Potato Wedges

Vegetarian Meal
Vegetarian BBQ Burger
with Hand Cut Potato Wedges

Sides
Baked Beans, Corn
Blackened, Gherkins, Crispy Onions

Dessert
Banoffee Pie Pots

Friday

Main meal
Battered Fish & Chips,
Fish Cakes, Sausage

Vegetarian Meal
Vegan Fishless Fingers

Sides
Lemon Minted Peas,
Chunky Chips, Gherkins, Pickled Onions,
Lemons, Tartar Sauce

Dessert
Apple Crumble & Ice Cream



Lunch menu week two

Available every day	Monday	Tuesday	Wednesday
<p>Seasonal soup with croutons, fresh herbs, toppings and freshly baked bread</p> <p>Everyday salads big bowl salad, tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves, sweetcorn</p> <p>Fruit bar selection of bananas, apples, satsumas, melon and mixed grapes</p> <p>Yoghurt bar selection of natural yoghurt, seeds and dried fruits</p> <p>Jacket potato bar hot jacket potatoes with a choice of fillings</p>	<p>Main Meal Noodle Bar; Stir-fried Noodles, Piri Piri Quorn, Stir-fried Quorn Mince</p> <p>Vegetarian Meal Roasted Vegetable Ratatouille</p> <p>Sides Green beans, Peppers, Onions, Ginger, Pak Choi</p> <p>Dessert Seasonal Fruit Crumble</p>	<p>Main Meal Home Made Beef Lasagne topped with Mature Cheddar Cheese</p> <p>Vegetarian Meal Butternut Squash and Baby Spinach Lasagne Topped with Mature Cheddar Cheese</p> <p>Sides Garlic Bread, Broccoli, Roasted Carrots</p> <p>Dessert Cheesecake Sundae</p>	<p>Main Meal Roast Turkey, Sage & Onion Stuffing, Yorkshire Pudding</p> <p>Vegetarian Meal Spinach & Feta Pie</p> <p>Sides Broccoli, Roasted Root Veg, Celeriac, Beets, Squash, Carrots</p> <p>Dessert White Chocolate & Raspberry Blondie</p>
<hr/> <p>Please see daily menu boards for ALL allergens</p> <hr/>	<p>Thursday</p> <p>Main Meal Chicken Korma with Steamed Rice</p> <p>Vegetarian Meal Autumn Vegetable Korma with Steamed Rice</p> <p>Sides Carrots & Cauliflower, Onion Bhaji, Cucumber, Tomato, Red Onion, Coriander Salad</p> <p>Dessert Tart au Citron</p>	<p>Friday</p> <p>Main Meal Battered Fish & Chips, Fish Cakes, Sausage</p> <p>Vegetarian Meal Sweet Potato & Red Pepper Frittata</p> <p>Sides Lemon Minted Peas, Chunky Chips, Gherkins, Pickled Onions, Lemons, Tartar Sauce</p> <p>Dessert Carrot Cake</p>	

Lunch menu week three

Available every day	Monday	Tuesday	Wednesday
<p>Seasonal soup with croutons, fresh herbs, toppings and freshly baked bread</p> <p>Everyday salads big bowl salad, tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves, sweetcorn</p> <p>Fruit bar selection of bananas, apples, satsumas, melon and mixed grapes</p> <p>Yoghurt bar selection of natural yoghurt, seeds and dried fruits</p> <p>Jacket potato bar hot jacket potatoes with a choice of fillings</p>	<p>Main Meal Quorn Fajitas with Sour Cream & Salsa</p> <p>Vegetarian Meal Tomato & Mozzarella Quesadilla</p> <p>Sides Crispy Onions, Sweetcorn, Chilli Flakes, Jalapenos, Gherkins</p> <p>Dessert Vanilla Cheesecake</p>	<p>Main Meal Cumberland Sausages & Mash</p> <p>Vegetarian Meal Quorn Sausages & Mash</p> <p>Sides Red Onion Gravy, Crispy Onions, Petit Pois, Roasted Carrots with Thyme</p> <p>Dessert Coconut & Cherry Frangipane</p>	<p>Main Meal Honey Roasted Gammon and Thyme Roasted Potatoes</p> <p>Vegetarian Meal Lancashire Vegetable Hot Pot topped with Sliced Potatoes</p> <p>Sides Broccoli, Roasted Root Veg, Carrots, Celeriac, Beets, Squash</p> <p>Dessert Chocolate Orange Marble Cake</p>
<hr/> <p>Please see daily menu boards for ALL allergens</p> <hr/>	<p>Thursday</p> <p>Main Meal Chicken Katsu Curry with Sticky Rice</p> <p>Vegetarian Meal Tofu Katsu Curry with Sticky Rice</p> <p>Sides Sautéed Greens: Pak Choi, Chinese Leaf, Spring Greens, Asian Style Slaw</p> <p>Dessert Upside Down Pineapple Cake</p>	<p>Friday</p> <p>Main Meal Battered Fish & Chips Fish Cakes, Sausage</p> <p>Vegetarian Meal Vegan Fishless Fingers</p> <p>Sides Lemon Minted Peas, Chunky Chips, Gherkins, Pickled Onions, Lemons, Tartar Sauce</p> <p>Dessert Apple Crumble</p>	