

Enrichment lessons – September 2024

Following a very successful addition to our timetable last year, Enrichment sessions will continue again this year at St Edward's. These sessions are aimed to enrich our pupils' educational experience by enabling them to learn life skills. Enrichment lessons will promote our school values and Pupil Profile characteristics. They will also provide an opportunity for the children to connect with their House groups and experience lessons with other teachers.

We are excited to share our new programme for 2024- 2025:

What is on offer:

Pre-Prep (Reception, Years 1 & 2)	Prep (Years 3 – 6)
Mrs Hunt: Social skills and self-esteem	Mr Winship Team-building/Problem Solving/Leadership Skills
Miss Cromore: Joinery skills	Miss Holloway: German
Mrs Willis: Photography	Mrs Wilson: Sewing
Miss Lauder: Sign language	Miss Elwood: Mindfulness

When: Enrichment lessons for Years 3 - 6 will be the last two lessons on Monday afternoon.

Enrichment lessons for Reception, Years 1 and 2 will be the last two lessons on Friday afternoon.

How: Pupils will split into their four House groups for Enrichment. Each House will take part in all Enrichment sessions over the year for one half term.

PRE-PREP Enrichment sessions:

Joinery (Miss Cromore)

Session summary:

Exploring different techniques to cut paper and card to create joins.
Learning about different ways to fasten paper and card and when to use each.

Photography (Mrs Willis)

Session summary: These sessions will focus on the different angles, exposures and lighting effects to make the best photographs. We will also look at some photography artists before practising our photography ourselves!

Benefits and learning for life: This will allow the children to practice capturing moments on camera that they will cherish their whole lives.

Sign Language (Miss Lauder)

Session summary: This will be an introduction to BSL, focusing on learning the alphabet and some simple key words to use day to day.

Benefits and learning for life: These sessions will help give children the skills they need to communicate freely and an understanding that there are different ways to communicate within our diverse world.

Social skills and building self-esteem (Mrs Hunt)

Session summary: A social skills and self-esteem class; through role-playing and group activities and games, children will get the opportunity to practice these skills in a fun and supportive environment, enhancing both their social competence and confidence.

We will practise basic social skills like greeting, listening and sharing, as well as communication techniques, such as using polite words and expressing feelings. We will also focus on building self-esteem through positive self-talk, recognising strengths and setting goals.

Benefits and learning for life: These sessions will help the children develop key interpersonal abilities and a positive self-image. Developing self-esteem and confidence will help them face challenges with resilience and a positive mindset. Overall, these skills foster emotional intelligence and adaptability, which are crucial for thriving in various aspects of life, from school to future careers and personal relationships.

PREP Enrichment sessions:

German (Miss Holloway)

Session summary: These sessions will introduce children to the German language where they will be learning to greet others and say goodbye, as well as asking how someone is feeling and telling someone how they are feeling.

Sewing (Mrs Wilson)

Session summary: We will practice and develop sewing skills learned last year, extending to sewing on buttons. Children will use these skills to design and make their own monster!

Team-building (Mr Winship):

Session summary: These sessions will be aimed at encouraging pupils to start thinking about how to plan, communicate and work together in order to overcome a number of fun, engaging and challenging activities.

Mindfulness (Miss Elwood)

Session summary: An opportunity to explore areas of mindfulness and to practise techniques within the school day.

Benefits and learning for life:

- Improves concentration
- Develops self-control
- Helps to improve decision making
- Helps to build positive relationships with others
- Helps to cultivate a greater sense of happiness

We know these sessions will be enjoyable and enriching, encouraging our pupils to learn life skills for the future.

Please do get in touch if you have any questions - t.hunt@stedwardsprep.com