

Week one – lunch menu.

Monday

Main meal

Meat-Free Monday

Vegetarian enchiladas served with rice

Vegan lentil stew with tofu served with rice

Sides

Butternut & green cabbage

Dessert

Jelly and yoghurt pots

Tuesday

Main meal

Chicken and vegetable pie

Vegetarian meal

Mushroom and cheese wellington

Sides

New potatoes, cauliflower & carrots

Dessert

Chocolate sponge and chocolate custard

Wednesday

Main meal

Roast pork with apple sauce and Yorkshire pudding

Vegetarian meal

Cannelloni filled with spinach and cheese, covered with a tomato sauce

Sides

Roast potatoes, broccoli & roast parsnips

Dessert

Jam and coconut sponge

Thursday

Main meal

Slow cooked beef & vegetable cobbler

Vegetarian meal

Tofu & vegetable cobbler

Sides

Roasted root vegetables and green beans

Dessert

Treacle tart with cream

Friday

Main meal

Battered fish
Chicken Sausage

Vegetarian meal

Vegan fishless fingers

Sides

Chips, peas and baked beans

Dessert

White chocolate chip cookie

Available everyday.

Please see daily menu boards for [all allergens.](#)

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

tomato, cucumber, carrot, mixed leaves, sweetcorn & a composite salad

Fruit bar

selection of bananas, apples, satsumas, melon

Yoghurt bar

selection of natural yoghurt, seeds

Jacket potato bar

hot jacket potatoes with a choice of fillings

Week two – lunch menu.

Monday

Main meal

Meat-Free Monday

Lentil bolognaise pasta
bake with garlic bread

Broccoli and cauliflower
pasta bake

Sides

Baton carrots,
sweetcorn

Dessert

Pear & chocolate cake

Tuesday

Main meal

Shepherds pie - minced
lamb with vegetables
topped with mashed
potato

Vegetarian meal

Vegetarian shepherds
pie - quorn mince with
vegetables and topped
with potatoes

Sides

Broccoli and butternut

Dessert

Rice pudding with jam
sauce

Wednesday

Main meal

Roast turkey with sage
and onion stuffing,
Yorkshire pudding

Vegetarian meal

Mexican stuffed pepper
with rice & vegetables

Sides

Roast potato, parsnips
& cauliflower

Dessert

Jelly and yoghurt pots

Thursday

Main meal

Harrisa chicken with
butternut served with
rice

Vegetarian meal

Lentil and cauliflower
curry served with rice

Sides

Garden peas, roasted
root vegetables

Dessert

Banoffee pot

Friday

Main meal

Pizza bar

Spicy chicken
Tuna
Margarita

Sides

Potato wedges, baked
beans, sweetcorn

Dessert

Chocolate brownie

Available everyday.

Please see daily menu boards for **all allergens.**

Seasonal soup

with croutons, fresh
herbs, toppings, and
freshly baked bread

Everyday salads

with tomato, cucumber,
peppers, grated carrot,
boiled eggs, mixed
leaves and sweetcorn

Fruit bar

selection of bananas,
apples, satsumas and
melon

Yoghurt bar

selection of natural
yoghurt, seeds and
dried fruits

Jacket potato bar

hot jacket potatoes
with a choice of fillings

Week three – lunch menu.

Monday

Main meal

Meat-Free Monday

Sweet chilli Tofu with stir fried vegetables

Quorn mince Singapore noodles with hoi sin sauce

Sides

Noodles, butternut and green cabbage

Dessert

Jelly & yoghurt pots

Tuesday

Main meal

Chicken & spinach gnocchi with garlic bread

Vegetarian meal

Mac 'N' Cheese with garlic bread

Sides

Cauliflower, sliced carrots

Dessert

Apple Charlotte and custard

Wednesday

Main meal

Honey roast gammon with pineapple salsa & Yorkshire pudding

Vegetarian meal

Roast vegetable and tomato crumble

Sides

Roast potatoes, parsnips & broccoli

Dessert

Traditional trifle

Thursday

Main meal

Chicken Jambalaya - a savory, spicy one-pot rice dish

Vegetarian meal

Vegetable and chickpea biriyani with naan bread

Sides

Green beans & roast root vegetables

Dessert

Syrup sponge with custard

Friday

Main meal

Cumberland or chicken sausage served with onion gravy

Vegetarian meal

Vegetarian sausage served with onion gravy

Sides

Mashed potato, peas & sweetcorn

Dessert

Creamy panna cotta

Available everyday.

Please see daily menu boards for **all allergens.**

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

with tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves and sweetcorn

Fruit bar

selection of bananas, apples, satsumas & melon

Yoghurt bar

selection of natural yoghurt, seeds and dried fruits

Jacket potato bar

hot jacket potatoes with a choice of fillings