

Week one – lunch menu.

Monday

Main meal

Meat-Free Monday

Quorn lasagne with garlic bread

Broccoli Mac 'n' cheese with garlic bread

Sides

Butternut & green cabbage

Dessert

Sliced fruit and yoghurt pots

Tuesday

Main meal

Chicken korma, onion bharji and naan bread

Vegetarian meal

Chickpea and spinach biriyani and naan bread

Sides

Rice, cauliflower & carrots

Dessert

Sliced fruit and yoghurt pots

Wednesday

Main meal

Roast pork with apple sauce and Yorkshire pudding

Vegetarian meal

Roast vegetable ratatouille

Sides

Roast potatoes, broccoli & roast parsnips

Dessert

Semolina cake

Thursday

Main meal

Hoi sin turkey with noodles

Vegetarian meal

Chinese Tofu & vegetables with noodles

Sides

Roasted root vegetables and green beans

Dessert

Sliced fruit and yoghurt pots

Friday

Main meal

Battered fish
Chicken Sausage

Vegetarian meal

Vegan fishless fingers

Sides

Chips, peas and baked beans

Dessert

Chocolate chip cookie

Available everyday.

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

tomato, cucumber, carrot, mixed leaves, sweetcorn & a composite salad

Fruit bar

selection of bananas, apples, satsumas, melon

Yoghurt bar

selection of natural yoghurt, seeds

Jacket potato bar

hot jacket potatoes with a choice of fillings

Week two – lunch menu.

Monday

Main meal

Meat-Free Monday

Quorn bolognaise with pasta and garlic bread

Broccoli and tomato gnocchi bake with garlic bread

Sides

Baton carrots, sweetcorn

Dessert

Sliced fruit and yoghurt pots

Tuesday

Main meal

Beef chilli with tortilla chips or wrap

Vegetarian meal

Quorn chilli with tortilla chips or wrap

Sides

Rice, cauliflower and butternut

Dessert

Sliced fruit & yoghurt pots

Wednesday

Main meal

Roast turkey with sage and onion stuffing, Yorkshire pudding

Vegetarian meal

Goats cheese slice with roast summer vegetables

Sides

Roast potato, parsnips & broccoli

Dessert

Rice pudding and jam sauce

Thursday

Main meal

Cumberland pork sausage or chicken sausage with gravy

Vegetarian meal

Vegetarian sausage with gravy

Sides

Mashed potato, green beans, roasted root vegetables

Dessert

Sliced fruit and yoghurt pots

Friday

Main meal

Pizza bar

Pepperoni
Tuna
Margarita

Sides

Potato wedges, baked beans, sweetcorn

Dessert

Chocolate brownie

Available everyday.

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

with tomato, cucumber, peppers, carrot, mixed leaves and sweetcorn

Fruit bar

selection of bananas, apples, satsumas and melon

Yoghurt bar

selection of natural yoghurt, seeds and dried fruits

Jacket potato bar

hot jacket potatoes with a choice of fillings

Week three – lunch menu.

Monday

Main meal

Meat-Free Monday

Quorn shepherds pie with potato topping

Sweet potato & red pepper frittata

Sides

Butternut and green cabbage

Dessert

Sliced fruit & yoghurt pots

Tuesday

Main meal

Slow cooked beef curry with naan bread

Vegetarian meal

Paneer butter masala curry with naan bread

Sides

Rice, cauliflower, sliced carrots

Dessert

Sliced fruit and yoghurt pots

Wednesday

Main meal

Honey roast gammon with pineapple salsa & Yorkshire pudding

Vegetarian meal

Halloumi & beetroot open sandwich

Sides

Roast potatoes, parsnips & broccoli

Dessert

Syrup sponge and custard

Thursday

Main meal

Butternut, chicken, spinach & mushroom pasta

Vegetarian meal

Pesto and spinach pasta

Sides

Garlic bread, green beans & roast root vegetables

Dessert

Sliced fruit and yoghurt pots

Friday

Main meal

Cumberland or chicken sausage hot dogs

Vegetarian meal

Vegetarian sausage hot dogs

Sides

Chips, peas & baked beans

Dessert

Churro cookie

Available everyday.

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

with tomato, cucumber, peppers, carrot, mixed leaves and sweetcorn

Fruit bar

selection of bananas, apples, satsumas & melon

Yoghurt bar

selection of natural yoghurt, seeds and dried fruits

Jacket potato bar

hot jacket potatoes with a choice of fillings